








# HOW TO SET FINANCIAL GOALS

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## 3 THINGS A BUDGET CAN DO:

-  Put you in control of your money.
-  Reduce your money-related stress and anxiety.
-  Help you keep track of where all your money is going.

## WHEN SETTING YOUR SHORT AND LONG TERM GOALS YOU SHOULD:

-  Be realistic.
-  Be specific.
-  Have a timeframe.
-  State the action to be taken.

